

# Journey Through the Mountains!: Mount Carmel

March 23, 2025 / Bob Swickard / [1 Kings 18:1-46](#)

Mount Carmel: "Moment of Clarity"

[1 Kings 18:1-46](#)

Casting  will not get you to the heart of a problem (see [1 Kings 18:17](#))

Elijah's Mt. Carmel teaches us the importance of Theological  (see [1 Kings 18:21](#); [Joshua 24:15](#); [James 4:8](#))

How you live your daily life is the truest  of what you believe. (see [John 14:12](#); [John 13:35](#); [2 Corinthians 13:5](#); [Galatians 5:16](#))

Elijah knows all Idols are  to help you (see [1 Kings 18:26-29](#))

The "Altars" of our lives are designed to keep us  to God (see [1 Kings 18:30-31](#))

The Israelites fell away again, but you can  (see [Philippians 3:10-14](#))

My Notes: